

# Tiger Illness Protocol

## SORE THROAT OR TONSILLITIS

A sore throat can be a symptom of a more serious illness. If diagnosed with strep throat the student may return to school 24 hours after starting antibiotic treatment and when feeling well.

#### COUGH/COLD SYMPTOMS

Students with a cough or cold symptom(s) may need to stay home and possibly see their healthcare provider. Common cold symptoms include: stuffy or runny nose, sneezing, cough, congestion, body aches, chills, and headache. When several cold symptoms are combined it can indicate a more serious infection and the student may need to see their healthcare provider for further testing and/or treatment.

#### SPOTS/RASH

Students with an unknown rash can not attend until their healthcare provider says it is safe to do so. Those with ringworm, scabies, impetigo, or other skin infection may return to school 24 hours after appropriate treatment has begun. The affected area should be covered if possible.

## FEVER 100.4 DEGREES OR ABOVE

Students should be fever-free and off of all fever-reducing medication for the last 24 hours prior to returning to school.

#### **VOMITING OR DIARRHEA**

Students should be kept home for 24 hours following the last episode of vomiting or diarrhea without the use of medication(s) to relieve symptoms. Students may attend school with a single episode of vomiting or diarrhea and without any other symptoms. Nausea is an uneasiness of the stomach and may come before vomiting or diarrhea.

#### **HEAD LICE**

Head lice must be treated with special over-the-counter or prescription preparation for killing live head lice.

Progress must also be made on removing all nits before returning to school. School health professionals will check to ensure there are no live lice for an immediate return. A student sent home three (3) or more times with live lice must be cleared by your local health department or private physician in order to return to school.

#### **ACUTE PAIN**

Students with pain that requires narcotic medication for relief should not attend school.

# EYE INFLAMMATION OR DISCHARGE

A student with red, tender, or swollen eye(s) and cloudy, yellow, or green drainage, including matted eyelids after sleep, may need to see a healthcare provider for recommendations and treatment. These symptoms can indicate conjunctivitis/pink eye and be highly contagious. If a student is diagnosed with bacterial conjunctivitis, they may return to school 24 hours after treatment has begun.

#### DIFFICULTY BREATHING

New onset of difficulty breathing or shortness of breath can be an indication of a respiratory infection or other condition.



### **Illness Return Guidelines**

FEVER 100.4 DEGREES OR ABOVE

MUST BE FEVER FREE WITHOUT FEVER REDUCING MEDICATIONS FOR 24 HOURS

#### SORE THROAT/ TONSILLITIS

IF DIAGNOSED WITH STREP,
MAY RETURN 24 HOURS AFTER
STARTING ANTIBIOTIC AND
FEELING WELL

## COUGH/COLD SYMPTOMS

WHEN SEVERAL COLD SYMPTOMS ARE COMBINED, MAY NEED TO SEE HEALTHCARE PROVIDER

#### SPOTS/RASH

KEEP COVERED IF POSSIBLE.
DIAGNOSED CONDITIONS MAY
RETURN 24 HOURS AFTER
STARTING TREATMENT

## VOMITING OR DIARRHEA

MAY RETURN 24 HOURS AFTER LAST EPISODE OR VOMITING OR DIARRHEA

## **EYE INFLAMMATION OR DISCHARGE**

IF DIAGNOSED BACTERIAL CONJUNCTIVITIS MAY RETURN 24 HOURS AFTER STARTING TREATMENT

#### **HEAD LICE**

MAY RETURN AFTER TREATMENT AND NO LIVE LICE PRESENT

